QUEEN OF APOSTLES
SCHOOL
TERM 4 2018
CANTEEN MENU
The canteen opens at 8.15am
Tuesday, Wednesday and Thursday

‘Early bird’ box is located in front of the canteen. Please place lunch orders before 9.00am. Bags can be purchased from the canteen - Lunch bags 25 bags for $1
Recess Bags 25 for 50c
The Queenies canteen adheres to the Healthy Food & Drink policy as endorsed by the Catholic Education Office. Order online by registering at www.quickcliq.com.au (Link available on the school website) Volunteers welcome to help out.

RECESS
$1.50 Fruity Smoothie (Banana, Strawberry Mango + Yoghurt + Milk)
$0.50 Cheesie
$0.50 Hash brown (a)
$0.50 Chicken Nuggets
$1.00 Superheros (Celery Sticks, Carrot Sticks Cheese sticks & Hummus)
$0.50 Pikelets
$2.00 Summer Parfait - Fruit, Yoghurt, Granola
$1.00 Fruit Skewer (3 fruits)

LUNCH
Available everyday
$3.00 Pizza slice (Bacon & cheese, Chicken or Hawaiian)
$5.50 Butter chicken with veggies & rice
$5.00 Stir fry noodles with veggies & chicken
$1.00 Corn-on-the-cob
$3.50 Nachos (homemade veggie sauce + cheese)
$5.00 Spaghetti Bolognaise

TUESDAY SPECIALS
$3.40 Lite & Up Cruiser Beef Pie (a)
$3.20 Up & Lite Sausage roll (a)
$5.00 Chicken Wrap (Chicken, Corn, Lettuce, Carrot, Hummus)

WEDNESDAY SPECIALS
$3.50 Sausage Sizzle (add Lettuce & Tomato for $0.50 (a)
$5.00 Crunchy Chicken Burger (Grilled Chicken with Lettuce, Tomato, Carrot & Cucumber)
$4.50 Sushi- (4) Tuna, Chicken Teriyaki or Veggie rolls

THURSDAY SPECIALS
$5.50 Fish, Homemade Potato Chips & Corn
$5.00 Beef Burger
$4.50 Sushi- (4) Tuna, Chicken Teriyaki or Veggie rolls

AFTER LUNCH SALES
$1.00 Icy Poles (a)
$1.00 Ice-cream Cone (a)
$1.00 Fruity Freeze
$2.50 Waffle Bowl with Ice-cream & Fruit

SANDWICHES, ROLLS & SALAD
Wholemeal bread with fillings of your choice, $0.50 extra for a roll.
$3.00 Egg & mayo
$3.50 Cheese & Salad
$4.00 Chicken & Salad

Toasties
$2.50 Cheese
$3.50 Ham & Cheese
$4.00 Ham, Cheese & Tomato
$4.50 Chicken, Cheese & olives
$5.00 Garden salad (TLCCB + Dressing)
$1.00 Ham or Chicken, grilled
$1.00 Egg or Cheese
$5.00 4 Bean Salad (Tomato, Green Peppers, Cucumber) in a tangy dressing.

DRINKS
$1.00 Bottled water
$1.50 Milk-sippah straw
$2.50 Flavoured milks 300mL Chocolate/Strawberry/ Banana (a)
$2.00 Juice box 250mL Apple/ Orange/ Apple & Blackcurrant (a)
$2.50 Juice bomb sparkling juice Watermelon/ Grape (a)

COMBOS
$5.50 Noodle cup+Milo+Fruit skewer
$5.50 Chicken &Cheese toastie +Banana smoothie Brownie

Gluten Free Options
$3.80 GF Chicken Nuggets + Carrot & Cucumber sticks
$5 Teriyaki Chicken & Veg Fried Rice

Should your child suffer ALLERGIES or intolerances to certain foods, or you need to make a special request, feel free to contact us on 94574913 or visit the canteen from Tuesday-Thursday. Most food items are freshly made at the canteen. Items marked (a) are amber. Unmarked items are green. We follow the Traffic Light System’ GREEN=eat everyday AMBER=eat moderately RED=there are no red items on this menu. Lookout for Weekly specials on the canteen board.

Unmarked items are green.
Items marked (a) are amber.
Lookout for Weekly specials on the canteen board.

Can be purchased from the canteen

Wednesday Thursday.

Options

Available everyday

Lunch bags 25 for $1

CHOOSE FROM...