Dear Parents and Carers,

End of Term

It seems incredible that we are only two days away from the end of first term. The last 10 weeks have simply flown by which, I believe, is a measure of how busy and engaged our staff and children have been in their teaching and learning. There has been so much happening with barely a blank day on the term planner. We’ve had the Parent Information Evening, P&F Welcome Bush Dance, Kindy screenings, Peer Support Leadership Training for the Year 6’s, Year 6 Camp, Ash Wednesday, Lenten preparations, Holy Week reflections, Easter, Faction Swimming Carnival, Interschool Swimming Carnival, “Life-Ed” Caravan, LEGO Young Engineers Club, Music Rocks Australia ….. to name just a few of the things happening on top of the normal classroom lessons, incursions and excursions!

The children have certainly earned their holiday break and I do hope they all enjoy a wonderful holiday time with parents and friends, relaxing, playing and recharging their batteries ready for Term 2.

Coming Up Next Term

After the two weeks of holidays the learning and fun will continue unabated. Here is a brief look at what’s happening next term: ANZAC Day ceremony, Mother’s Day Afternoon Tea, NAPLAN Testing for Years 3 & 5, Queenie’s Feast Day Celebrations, Sacrament of Confirmation, Peer Support, Eagles Cup Interschool Sport, Interschool Basketball Carnival, LifeLink Day, P&F Student Disco and first semester academic reports.

Finding The Right Balance Is Always The Key

As with most things in life, the key is to finding the right balance somewhere between two extremes. Too much sleep is just as detrimental as too little sleep; too much to eat is just as harmful as too little to eat; too much exercise can be just as debilitating to your body in the long term as too little exercise. I think you get the idea. It is important to remember that this same common sense rule also applies to our children. Whether we are talking about sleep, diet, exercise or any other aspect of children’s lives - the key is to find a suitable balance between the two extremes.

Sleeping in during the holidays might be great, but getting into the habit of lounging in bed till 11.00am every morning will only make it more of a challenge to get back into the habit of getting up and ready for school on time. Children require time to play and be active in order to burn up energy, develop their fine and gross motor skills and build fitness, good health and control over their bodies. Laying around all day watching TV, Foxtel or DVDs or playing on the X-Box or Playstation is not ideal. There needs to be some balance between playing and being active outdoors - riding bikes, swimming, playing at a park or playground - and the opportunities to be involved in more passive pursuits such as watching TV, movies and gaming. Trekking through the bush for 12 hours a day would be just as detrimental to a child as would being glued to a TV screen for 8 hours a day.

DATES TO REMEMBER

- Fri 8 April: Last day of Term One
  P&F Sushi Lunch
- Mon 25 April: ANZAC Day Holiday – SCHOOL CLOSED
- Tues 26 April: SCHOOL COMMENCES FOR TERM TWO
  11.00 ANZAC Day Memorial
- Wed 27 April: 9.00am School Mass (4.2)
  6.00pm School Board Meeting
- Fri 29 April: Peer Support
- Sun 1 May: Pilgrimage to Holy Door at Schoenstatt Shrine
- Mon 2 May: 8.50am Rosary 4.1
- Wed 4 May: 8.50am Assembly 1.1
- Thurs 5 May: Yr 6 Schoenstatt Shrine visit
- Fri 6 May: 2.00pm Mother’s Day Afternoon Tea
- Sun 8 May: 9.00am Family Mass (Mother’s Day)
These holidays will present your children with some of the last, best weather to get outside and play - it’s not roasting hot and it’s not wet or freezing cold. I would suggest you try and make the most of this mild weather to get outdoors, visit a local park, playground or the river, Kings Park or other local parklands and recreational spots. Of course all this fun outdoors means that it won’t hurt them too much if you allow them an hour or two per day to play online or watch their favourite TV shows and movies.

I hope that all our families find some time during the holidays to get outdoors together and enjoy the last of the really pleasant weather!

**Interschool Swimming Carnival**

Yesterday I had the opportunity to visit Rockingham Aquatic Centre and cheer along our courageous Swim Team as they battled it out against swimmers from 7 other schools. While it would be fair to say that we are perhaps in a period of transition from one generation of good swimmers to another, no one could question the energy, enthusiasm and optimism of everyone in our Swim Team. I thought they were absolutely fantastic in their endeavour, commitment and sportsmanship. As always, I was extremely proud of their efforts and I know that every single parent present there would have been just as proud of their efforts and performances. As a side, I thought our parents outnumbered and out-cheered all the other schools as well!

Congratulations to all our swimmers for their wonderful efforts yesterday and a special mention to Mr. Bridgeman, Mr. Wylie, Miss Knight and all the parents who supported them through their weeks of training in preparation for yesterday. A very special mention to Jared Radojkovich from Year 5.2 who took over from Mr. Wylie as Team Manager (he had no say in it) halfway through the carnival and did an excellent job!

**Term 2 Dates To Remember**

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<tr>
<th>Date</th>
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<tr>
<td>Monday 25 April</td>
<td>ANZAC Day Holiday</td>
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<td>Tuesday 26 April</td>
<td>Term 2 starts for children and staff</td>
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<td>Thursday 19 May</td>
<td>Pupil Free Day - Staff Professional Development</td>
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<td>Friday 20 May</td>
<td>Pupil Free Day - Staff Professional Development</td>
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<td>Monday 6 June</td>
<td>WA Day Holiday</td>
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<td>Friday 1 July</td>
<td>End of Term 2 - last day for students and staff</td>
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I wish a safe and happy holiday to all our children and their families.

Peace and best wishes,

Shaun O’Neill
Principal

**Religious Education**

**Project Compassion**

Thank you to all those people who supported Caritas Australia’s Project Compassion appeal. If you have any donations you would like to make, please send your box in this week. The Social Justice Committee will be counting this money this week and sending off the money we raised to Caritas Australia. Thank you for your support.

**Anzac Day Reflection**

The Year 5.1 class will lead us through a reflection about ANZAC Day on Tuesday 26th April. It is important we remember ANZAC day, as it marks the anniversary of the first major military action fought by Australian and New Zealand forces during the First World War and those who fought for us and died in this conflict.

We invite all parents and family members to reflect with us in the Undercover Area at 11:00am.
Year 4.2 Mass
Our first Mass next term will be led by the Year 4.2 class on Wednesday 27th April at 9:00am. We invite all families to come and celebrate the Eucharist with us and hear about the importance of prayer and how we can incorporate this into our lives more.

We wish all families a safe and restful holiday and look forward to seeing the children’s smiling faces next term.

Schoenstatt Pilgrimage for the Year of Mercy
All families are invited to take the opportunity, for the Year of Mercy, to undertake a pilgrimage to the Schoenstatt Shrine in Armadale. The Shrine is one of 4 churches in Western Australia that has a Holy Door.

We can begin our pilgrimage with Mass in the Queen of Apostles Church on Sunday 1 May at 9.00am, then travel to Armadale in your own car. On arrival we will have a talk given by Sr Lisette, complete child friendly activities, have a BYO picnic lunch and then visit the Shrine.

The Schoenstatt Sisters were the first teachers in our lovely school when it first began 60 years ago. Sr Lisette runs the sacramental excursions in Armadale so many of our children know her and the Shrine. Sr Lisette considers Queenies a very special place and she is always present in our congregation to witness our children making the Sacraments of Confirmation and Eucharist. This pilgrimage is a lovely way to bring the school community together with its past. This invitation can be extended to grandparents, aunts and uncles, especially if they have links to our school. Past students of Queen of Apostles will have fond memories of the nuns and how they developed this wonderful community spirit that still enfolds our school today.

One of Pope Francis’ Year of Mercy wishes is "My thought first of all goes to all the faithful who, whether in individual Dioceses or as pilgrims to Rome, will experience the grace of the Jubilee. I wish that the Jubilee Indulgence may reach each one as a genuine experience of God’s mercy, which comes to meet each person in the Face of the Father who welcomes and forgives, forgetting completely the sin committed. To experience and obtain the Indulgence, the faithful are called to make a brief pilgrimage to the Holy Door, open in every cathedral or in the churches designated by the Diocesan Bishop, and in the four Papal Basilicas in Rome, as a sign of the deep desire for true conversion. Likewise, I dispose that the Indulgence may be obtained in the Shrines in which the Door of Mercy is open and in the churches which traditionally are identified as Jubilee Churches."

If you would like to bring your family to the Schoenstatt Shrine please reply with an expression of interest so we have an idea of how many are likely to come along so Sr Lisette can organise activities for the children and parents to complete together.

The ..................................................family would like to come on the Queenies Pilgrimage to the Schoenstatt Shrine in Armadale on Sunday 1 May. There will be .......... adults and .......... children.
Arrival time at the Shrine will be around 10.45am.
RSVP by Wednesday April 6, 2016.

Russell Wylie and Julie Galbraith
Assistant Principals

School News

Found
Earlier this term a tow hitch was found in the front carpark which has fallen from a vehicle perhaps when children have taken bags from the boot area, or maybe just because it was loose and not secured correctly.

If this belongs on your vehicle, please come to the school office to collect it.
Project Compassion Giving Boxes

Thank you to all those students who donated to their class Giving Boxes. A total of $555-90 was donated during Lent.

Congratulations to Year 4.2 who were our champion fundraisers, with donations totalling $166-30.

They were awarded a Certificate of Acknowledgement at today’s assembly and are pictured here displaying it proudly!

Interschool Swimming Carnival

Congratulations to our swimmers for their gutsy performances at yesterday's carnival. Our team worked really hard but came up against some very strong opposition. Queenies placed 6th overall and 5th in the APPS (average points per student) shield.

A huge thank you to Mr Wylie and Ms Knight for training our team. Thank you also to Tate Pearse and Mrs Sullivan for their help on the day.

Once again Queenies had great support from our parents and grandparents who got the students to training and supported our team at the pool yesterday. You are wonderful!

Special mention must also go to Jake Van Luinen for taking home the Yr 4 Boy Runner-Up Champion medal. Well done Jake!
Music News

Catholic Performing Arts Festival
It is that time of the year again. The Catholic Performing Arts Festival applications are ready to be completed. YEARS 4 – 6.

If your child learns an instrument outside of our School Instrumental Program and they would like to enter The Catholic Performing Arts Festival, please ask them to come and see me for an entry form. A short audition will be required. Please ensure that the piece of music that they wish to perform is with them for the audition. Auditions will be conducted for those students interested on Thursday 7th April at lunch time in the Music Room. Forms will be sent home with students who audition to standard.

An audition will not be expected of students who are currently enrolled in our Instrumental Program. Your child’s tutor will complete forms and notify you if they would like your child to enter.

Please complete the forms and attach a copy of the piece of music they wish to play. All forms must be returned to me by Thursday 30th April.

If you have any questions, please come and see me.

Regards
Sheryl Perry

Woolworths Earn and Learn
Look what has arrived!!!! Our amazing Woolworths Earn and Learn goodies are here!

This is a sneak peek at what we earned from all your fantastic sticker contributions.

Watch this space next term - there'll be photos of our Queenies kids using these items.
Many thanks again parents!
Wanted - Spot Books

If you have any “Spot” books at home that you no longer need or want, the school would love to make use of them. Any donations gratefully accepted at the school office.

Young Engineers Club (Year 2-4) - every Friday

Term 2 - 1st Class: April 29
Last Class: June 24
Time: 3:15pm to 4:30pm
Room: Computing Room
Capacity: 16
Registration Link: http://www.trybooking.com/172317

Uniform Shop

The Uniform Shop will be open 8.30am – 9.30am and 2.30pm – 3.30pm every Wednesday during school terms. We still have the ‘mail order’ system available - the forms are on the school website if you cannot make it in to the shop.

Winter Uniform
It is officially time to sort out your winter uniform needs. The winter uniform consists of the following items:

**Boys**
- Grey trousers
- Lemon shirt
- Royal blue jumper
- Navy socks
- Black shoes

**Girls**
- Check skirt
- Lemon blouse
- Royal blue jumper
- Navy socks or tights
- Black shoes

Please get in early with your winter uniform order to avoid any stock problems.

**Out of Stock items** - None

Fiona Agostino, Uniform Shop
Congratulations Sophie Smith for being chosen as this week’s Queenies Hero.

Our readers would love to know the following:

*How long have you been coming to Queenies?*
Since Kindy

*Who is your own hero or inspiration?*
Grandad and Pop

*What is your favourite food?*
Chocolate

*What do you hope to be when you grow up?*
A vet

*This must be a proud moment for you, is there anyone you’d like to thank?*
Mr O’Neill
**QUEEN OF APOSTLES CALENDAR TERM TWO, 2016**  
**Social Justice Focus – Care**

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<td>8.50am Assembly - 1.1</td>
<td>Excursion - Yi 6 Schonerstatt Shrine</td>
<td>Kindy 2</td>
<td>Mother’s Day Afternoon Tea</td>
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<td>1.30pm Dentist visit Yr 3 &amp; Yr 6</td>
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<td>8.50am Rosary (4.2)</td>
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<td>Kindy 1 Queenies Feast Day Mass – 6.3 and celebrations Parish Mass &amp; Supper</td>
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<td>6.00am School Board</td>
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<td>NAPLAN Yr 3 &amp; 5</td>
<td>8.50am Rosary (5.1)</td>
<td>ICAS Test Digital Technologies 8.50 Yr 6 Liturgy</td>
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<td>Interschool Basketball Carnival</td>
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<td>7.00pm P &amp; F Meeting</td>
<td>9.00 School Mass - 2.2</td>
<td>ICAS Test - Spelling</td>
<td>9.00 School Mass - 2.2</td>
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<td>9.00 School Mass - 6.1 Reports &amp; Work Samples go home</td>
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**Coming Soon!**

The P&F will be selling Entertainment Memberships again this year. You can pre-order online now, and be one of the first to receive your book or digital membership as soon as they are available.


(that is a ‘j’ between the ‘5’ and ‘6’).

There are a lot of the old favourites in the book, as well as new exciting offers, including Bali! You can preview the book via this link: [http://www.entertainmentbook.com.au/about/Tell-me-More/Perth#FLICKBOOK](http://www.entertainmentbook.com.au/about/Tell-me-More/Perth#FLICKBOOK)
The Riverton Dental Therapy Centre will be open during Week 1 of the April school holidays, Mon. 11th April to Thurs. 14th April. For those attending appointments, access to the school will be available via the staff car park fronting Corinthian Rd East. During Week 2 of the holidays, any emergencies can contact the Excelsior Dental Therapy Centre on Ph: 9256-4170. Riverton clinic will re-open Tues. 26th April.
CANNING DISTRICTS HOCKEY CLUB

HOOKIN2HOCKEY FOR 2016
Canning Districts Hockey Club 'Canning Cougars' HookIn2Hockey Program for pre-primary to Year 4 commences on Tuesday 3rd May at Ferndale Reserve from 4.15-5.15pm.
There will be a Fun/Come and Try Day on our mini turf on Tuesday 26th April from 4.15-5.15pm.
Anyone interested in playing Hook in2 Hockey this season should contact Sue Lang, on 0403 793 350 or email secretary.canning@hotmail.com
Still have some vacancies in our junior teams, please email the secretary.

Come and Try Kayaking!

FREE!
For children aged 8-12 years
Champion Lakes Regatta Centre
Qualified coaches
Full safety gear provided

Sat 16 April 3-5pm

YOU MUST BOOK TO GUARANTEE A PLACE
PRIOR TO 12 APRIL 2016

CONTACT: ROBYN BROWN
robyn.L.brown@bigpond.com.au

Note: It is a requirement of Canoeing WA that all participants must be able to
swim 50m, Stage 5k or above.