Dear Parents and Carers,

QUEEN OF APOSTLES FEAST DAY

We enjoyed a wonderful day of celebrations last Friday for Queen of Apostles Feast Day and our 60th Anniversary. As always, we gathered as a school community and celebrated our Queen of Apostles Feast Day Mass. This was an awesome start to the day and a very reverent and fitting way to say thanks to God for the many wonderful blessings our school community receives in the form of all our children and families.

After mass the festivities continued with a 60th Anniversary cake cutting ceremony in the Undercover Area, where we welcomed Sr. Lisette, from the Schoenstatt Shrine at Armadale, and Fr. Paul to jointly cut the Anniversary Cake. Sr. Lisette was a special guest for the morning activities, representing all the Schoenstatt Sisters who have taught and worked at Queenies since that very first day 60 years ago! Sr. Mary Magdlen, our very first Principal, was a Schoenstatt Sister and our school has a very long and proud association with the Schoenstatt Sisters.

After the cake cutting we all moved out to the Basketball Courts where we gathered for the planting of a very special 60th Anniversary rose bush. The rose bush will hopefully grow strong and provide another 60 years of beautiful white roses, blooming just as children at Queenies have over the first 60 years! But this is not just any old rose bush, I’m reliably informed by those who know about gardening and roses that this a special variety of rose bush called the John Paul in honour of Pope John Paul II, so we could not have found a more appropriate rose to plant in our school grounds.

Following on from the planting of the rose bush, we moved across to the oval where the children, staff and parents all joined together to form a large number “60” on the grass. With some very kind and generous support from Corpus Christi College, one of their tech gurus brought over a drone and launched it high into the air to take some photos and video footage of the occasion.

This was followed by the distribution of cupcakes and 60th Anniversary wristbands to every student, while the parents and staff enjoyed a scrumptious morning tea in the Library. After recess the children spent the rest of their day in their Peer Support Groups, joyfully engaged in some fun activities such as designing a new school uniform using only newspaper, toilet paper and masking tape! This fun activity culminated in a fashion parade as each group presented their rather unique perspective on what our future uniform might feature and look like.

After a delicious sausage sizzle lunch, organized by our fantastic P&F Mums and Dads, each group was allocated a number 1 hit song from some time over the last 60 years. They had to listen to the song over and over and create a dance routine to perform to that song. This culminated in a very entertaining dance concert at the end of the day as each group presented their dance to the rest of the school. Later that evening, our staff joined with parishioners as our parish celebrated a special Queen of Apostles Feast Day Mass, celebrated by Fr. Peter Whitely, the Vicar General of the Perth Archdiocese. It was a beautiful mass and a very fitting way to finish off a day of celebrating .... Not to mention the scrumptious, home-made curry puffs and samosas served as part of the refreshments in the hall after Mass.

DATES TO REMEMBER

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Thurs 19 May</td>
<td>Pupil Free Day – SCHOOL CLOSED</td>
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<tr>
<td>Fri 20 May</td>
<td>Pupil Free Day – SCHOOL CLOSED</td>
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<tr>
<td>Sun 22 May</td>
<td>10.30am Confirmation Ceremony – 6.1</td>
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<tr>
<td>Mon 23 May</td>
<td>8.50am Rosary 3.1 Interschool Basketball Carnival</td>
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<td>Wed 25 May</td>
<td>9.00am School Mass 2.1</td>
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<td>Fri 27 May</td>
<td>12.00pm Peer Support Eagles Cup</td>
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<tr>
<td>Sun 29 May</td>
<td>10.30am Confirmation Ceremony – 6.2</td>
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<td>Mon 30 May</td>
<td>8.50am Rosary 3.2</td>
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<td>Tues 31 May</td>
<td>8.50am Yr 4 Liturgy</td>
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<td>Wed 1 June</td>
<td>8.50am Assembly 5.2</td>
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<td>Thurs 2 June</td>
<td>Lifelink Fundraising Day – Paper Chain Eagles Cup</td>
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<td>Mon 6 June</td>
<td>WA Day Public Holiday – SCHOOL CLOSED</td>
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I would like to thank all the staff and parents who contributed to the organisation of ceremonies and activities last Friday. I am always in awe of and proud of the ways in which our staff and parents come together to cooperate and organize school events and celebrations. It was terrific to have so many parents, grandparents and extended family members join us for the Mass, cake cutting, rose planting, number “60” and morning tea. A special vote of thanks to Mr. Wylie and Mrs. Galbraith who could always switch careers and successfully run an events management business. Their hard work and organization in the weeks and days leading up to Friday was fantastic. Thank you also to the P&F Mums and Dads who organized such a yummy lunch.

It was a wonderful day of celebration and I’m sure that the children all enjoyed their day and slept well that night. Please check out our Facebook page for dozens of photos of the events and children from Friday.

OSH CLUB UPDATE
Following a meeting with two of the managers from OSH Club earlier this week, I am very excited and pleased to announce that OSH Club will be trialling Vacation Care here at Queenies, over the next two school holiday periods. This means we will be offering vacation care during the July and October school holidays. This has become possible primarily due to the increased level of use of our centre by our parents, resulting in good, solid numbers and average attendance data across the terms. OSH Club feel that our numbers are now solid enough to trial running vacation care and if the two trial periods are successful, it will become a permanent addition to the range of services that we offer in OSH Club here at Queenies.

There will be more information coming out to all parents in due course regarding how vacation care will operate, costs, times etc. Once we have distributed all the information to you, it will be up to you, our families, to ensure you support this new initiative so it is successful. I know that many of you have enquired from time-to-time about vacation care, so I’m hoping that there is a level of demand out there that will ensure the trial’s success.

NEW WEBSITE TRANSLATOR!
If you have not had the opportunity to look at our new website yet, I would encourage you to do so. Being mindful of the rich and diverse range of nationalities and cultures represented within our school, we have had a language translator tab added to the website, on the top right hand side of the drop down menus. Simply click on the translate tab and then select your preferred language from the list available. There will be a button at the top of the screen to return to the original English version.

Hopefully, for some of our families and extended family members who do not speak much English, this will help to ensure that they can stay up to date with current events and important information.

Please do not hesitate to email us with your feedback or suggestions with regards to our website and Facebook page.

BUILDING PROJECT UPDATE
Following further meetings on-site with project managers and site supervisors from McCorkell Constructions, I can confirm that building work will commence towards the end of this month, around 30 May.

As previously mentioned, once construction work commences there will be some unavoidable disruptions to our normal parking and traffic flow arrangements. Once again, I would ask that when this happens parents and carers are extra patient and tolerant. Throughout all the building work our first priority will be the safety and welfare of the children. We all need to remember that we will be operating a school for 380 students, 450 parents and carers and 50 staff members, and at the same time constructing a new $3.2 M dollar Early Learning Centre, with up to 20 workmen and their vehicles on-site, as well as trucks delivering materials and cranes etc. There will be the inevitable delays, restrictions and temporary changes to deal with. With a little extra patience and consideration, we will all survive this intact and most importantly … your children will stay safe and secure.

PUPIL FREE DAYS
A reminder to all our parents and carers that we have two pupil free days happening tomorrow Thursday 19 and Friday 20 May.

Peace and best wishes,
Shaun O’Neill
Principal
Sacrament of Confirmation
The first celebration of the Sacrament of Confirmation will be held this **Sunday 22nd May at 10:30am**. Rehearsals will be held on Saturday morning prior to the celebration of Confirmation at 9:30am. We pray that the Holy Spirit will stay with each of the students and help guide them throughout their lives after receiving this special Sacrament. We look forward to seeing many families there to support the students who will be receiving this special Sacrament.
The second celebration of the Sacrament of Confirmation will be held next **Sunday 29th May at 10:30am**.

Praying the Rosary
As we are in Mary’s month – May, on Monday we came together to pray a decade of the Rosary and hear about the third Joyful Mystery – the Birth of Jesus. During this decade, the Year 5.1 class that led us, asked us to think about the poverty, so lovingly accepted by Mary when she placed the Infant Jesus in a manger in the stable of Bethlehem. Next week, the Year 3.1 class will lead us to hear about the Presentation of Jesus in the Temple. Please encourage the praying of the Rosary at home and the practising of the prayers that are said.

Queen of Apostles Feast Day
Last Friday the school celebrated Queen of Apostles’ Feast Day and the 60th Anniversary of our school. This day started with a beautifully prepared Mass by the Year 6.2 class. We were fortunate enough to have Sister Lisette from the Schoenstatt Order come and join us, and together with Fr Paul started our celebrations by cutting our anniversary cake. After planting a rose to commemorate this occasion, the children then participated in activities in their Peer Support groups, including creating a futuristic uniform out of newspaper and performing a dance to a song from the past 60 years. We also celebrated with cupcakes, an ice-cream and a sausage sizzle which was graciously provided by the P &F – many thanks to the mums and dads who came and helped out with this! The children had a great day and had a wonderful time with their friends.
Uniform Shop Closure
The Uniform Shop will be closed for two weeks from Wednesday 25 May.
The shop will re-open on Wednesday 8 June.
Please note any orders received will not be processed until 8 June.

Year 2.1 Whole School Mass
Next Wednesday 25th May, the Year 2.1 class will be helping us to celebrate a Whole School Mass. We look forward to many parents and families coming along to celebrate with us.
Russell Wylie and Julie Galbraith
Assistant Principals

School News

Queenies Sport
Eagles Cup Round #1
All is set for our first round of matches to be played next Friday 27 May. All our teams will play at Oberthur Primary School in Bull Creek. All the finer details (addresses and start times) will be advertised in next week’s newsletter and at qoape.com

Eagles Cup Round #2
Our second round of matches have had to be shifted from Friday June 3 to Thursday 2 June. While I understand this may result in some parents missing the event due to work, it may give parents who do work on Fridays but not Thursdays the rare chance to see their children in action. Apologies for any inconvenience. More details soon.

Inter-school Basketball
Good luck to our teams who compete next Monday 23 May at Cockburn Basketball Stadium. I am sure all the training will pay off. For more go to www.qoape.com

A Request from Pre-Primary
Pre-Primary 1 is collecting lots of different sized cane/rattan baskets, containers and trays. If you have any tucked away in a cupboard that you no longer need, we would love to have them.
Thank you

Hello from the School Social Worker
Adolescence is a time of such emotional and social development. Adolescent children will be searching for their identity, seeking greater independence and responsibility as well as engaging in some risk taking behaviours. They will show strong feelings and want to spend less time with the family and more time with friends and peers. The Raising Children Network provide some ideas to help support social and emotional development for adolescent children. Here are some ideas from the website:

- Be a role model for forming and maintaining positive relationships.
- Know your child’s friends.
- Listen to their feelings.
- Be explicit and open with your own feelings.
- Be a positive role model for dealing with difficult and uncomfortable emotions.
- Talk with children about relationships.
- Focus on praise and non – physical ways of connecting.

Regards, Tracy Small.
Colds
Upper respiratory tract infections or colds are everywhere, especially in winter, so it is almost impossible to stop children from catching them. Here are some points which may help:

- Teach your child to cover his/her nose and mouth (ideally with his/her forearm rather than hand) when coughing or sneezing, and to wash hands straight afterwards.
- Hands should be washed after blowing noses and before eating.
- Use tissues once and then throw them in the bin. (Avoid using handkerchiefs.)
- Keep your child home from school if he/she has a cold/cough/fever/pain.
- Make sure that your children eat a balanced diet of plenty of healthy foods.
- Keep children away from smoke – it irritates their eyes and nasal passages, making it more likely that they will catch a cold.

What to do if your child gets a cold
No treatment will cure a cold or make it go away more quickly, but you can help your child feel more comfortable:

- **Rest:** This need not be in bed
- **Provide extra drinks:** If your child doesn’t want to drink much, try giving lots of small sips of water, milk or juice, or ice blocks to suck for older children.

Influenza
Influenza, or the ‘flu’ is caused by an influenza virus. It is spread through the air when someone coughs, sneezes or talks. It is also spread by touching something that has the virus on it and then touching your nose, eyes or mouth. Common symptoms include sore throat, cough, fever, headache, chills, tiredness and muscle aches.

People with the flu should rest and drink plenty of fluid. Use paracetamol in recommended doses if necessary - but do not give children any medication containing aspirin.

Be sure to keep your child home from school while he or she is sick.
The best way to prevent flu from spreading is by washing your hands regularly.

Flu vaccines are available prior to winter starting. For more information, contact your GP or local Immunisation Clinic.

**Why should I consider having my child vaccinated against the flu?**
The National Health and Medical Research Council, Australia's peak body for health advice, recommends annual vaccination for anyone six months of age or older who wants to reduce their chances of becoming ill with the flu.

Annual flu vaccination is strongly recommended for anyone six months of age or older with a medical condition that places them at higher risk of severe illness from flu. Children and adults with heart, lung or kidney disease or a weakened immune system, are eligible for free flu vaccine through the National Immunisation Program.

Children without underlying medical conditions who become infected with flu can also develop serious illnesses. Flu can cause high fever and pneumonia, and make existing medical conditions worse. Flu can also cause convulsions and diarrhoea in children.

Influenza viruses are always changing. Each year scientists try to match the strains of influenza viruses in the vaccine to those most likely to cause flu illnesses that year. It takes up to two weeks for protection to develop after vaccination against flu and protection lasts about a year.

The seasonal flu vaccine is available on prescription or via GP and immunisation clinics and is provided free for certain groups. Flu vaccines are available prior to winter starting. For more information, [www.health.wa.gov.au](http://www.health.wa.gov.au) or contact your GP or Immunisation Clinic.
Save the Date

DISCO

17 June, Parish Hall
Kindy to Year 2 5:45 pm until 7:15 pm
Year 3 to Year 6 7:30 pm until 9 pm
Entry $3.00
Queenies students only

Introducing "Bop till you Drop"
A professional kids disco entertainer who will get kids dancing, singing
and having a great time.
**Entertainment Memberships Are Here!**

Please support our Term 2 fund raiser. $13 from every membership sold goes to our P&F, which is then used towards equipment and events for our children.

Order a book or digital membership for $65 at:


If you prefer to pay cash (books only) there will be a stall outside the library every Wednesday after school.

There are loads of restaurants, cafes and attractions included in this year’s membership, including a whole Bali section. You can preview the book by following this link: [http://www.entertainmentbook.com.au/about/Tell-me-More/Perth#FLICKBOOK](http://www.entertainmentbook.com.au/about/Tell-me-More/Perth#FLICKBOOK)

If you have any questions, please call Deanne Strommen on 0407 986 269.

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**Queen of Apostles Parish**

**Family Movie Night**

Starting with a

**SAUSAGE SIZZLE**

6.30pm Friday, May 27th 2016

Parish Hall

**Tickets $5**

(sausage sizzle, popcorn and icecream)

**“INSIDE OUT”** Rated PG (mild themes)

Tickets available before school from 8.15am outside Library every Monday & Thursday and after school Tuesday from 2.50pm from 2nd May to 24th May 2016.

***Last chance to buy tickets Tuesday 24th May 2016***

**NO TICKET SALES AT DOOR**

For further information contact Jannet 0438 590 449
PARENT WORKSHOP

ABOUT THE WORKSHOP
This workshop is a must for all parents and carers. This training workshop has been designed to provide parents with information regarding the content of the internationally acclaimed Protective Behaviours Child Safety Program to increase their children’s personal safety.

There are many ways of talking to children about their personal safety and when we do so, it is important that we do not scare them or leave them feeling unsafe, afraid or disempowered.

Protective Behaviours provides children with strategies to keep themselves safe and cope with situations that threaten their well being such as bullying, child abuse & domestic violence. The program empowers the individual with the right to feel safe and sets out ways in which they can gain the appropriate help when they are not feeling safe.

THE PURPOSE OF THIS WORKSHOP
1. To provide parents and carers with a basic understanding of child sexual abuse and other unsafe situations.
2. To provide specific personal safety training skills, techniques and examples to use with your children.
3. To lessen your anxiety about your children’s safety, so you can allow them the freedom of movement they need as they grow up.

DATE FRIDAY, 10 JUNE 2016
TIME 7.00PM – 9.00PM
VENUE QUEEN OF APOSTLES PARISH
55 TUDOR AVENUE
RIVERTON
PRESENTER JUSTINE O’MALLEY
COST GOLD COIN DONATION
CONTACT
KAREN 0401 492 787
MIKE 0432 994 336

FOR MORE INFORMATION ON THE PROGRAM
SAXON GEE | TRAINING COORDINATOR
0409 071 068
info@protectivebehaviourswa.org.au
protectivebehaviourswa.org.au
Experience the wonderful learning community that is

Iona Presentation College

Enrolments welcome for
Year 7 2018

For more information, please contact
College Registrar, Theresa Loughnan on
9384 0066 or tloughnan@iona.wa.edu.au

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