Dear Parents and Carers,

It’s Only Natural
Reflecting back over fort…. Let’s just say many years ago to my childhood, I can still recall the recess and lunchtime games of “speccy” that many of the boys played. Quite simply “speccy was two groups of boys about 30m apart kicking a football to each other with the pack of boys at the receiving end jostling and positioning themselves to try and take the biggest and most spectacular (speccy) pack mark. If you played “speccy” it was a given that you would at some stage cop an errant knee in the back, shoulder, neck or head, or perhaps a stray elbow in the ribs, arm, face or head - as someone used you like a step ladder to take a “speccy”. The competition was always to see who could take the best “speccy” during that break time - your fame and status as champion was fleeting and only lasted to the next break. The occasional lump, bump or bruise did nothing to quell our appetite for the competition - it was the price we were all willing to pay to try and rise above the pack and take a speccy that no one would ever forget - legend status amongst your peers was the reward!

Fast forward to today and when I’m doing lunch duty in the Kindy playground, it is fascinating to watch the children playing. Over the weeks I’ll witness children racing each other around the track on the tricycles, seeing who can dig the deepest hole in the sandpit, who can make the biggest sandcastle, who can climb the cargo net the fastest, who can make it across the monkey bars and countless other examples. While these young children are certainly playing and enjoying themselves, they are also quite clearly competing against each other. It is important to note that they are not doing it for ribbons, stickers, medals or any other extrinsic reward. Their motivation is the same as mine was playing “speccy” all those years ago - they want to test themselves against others, they want to compete to see how good they are relative to others and they want to know where they stand in the pecking order relative to their friends and peers.

The competitive instincts they display during play is just another aspect of their learning journey through school and life. Children discover, explore and make sense of the world in which they live through play, and competing against others is a natural and important part of that whole process. Children learn a lot about themselves through friendly competition during play, not least of which is how to deal with winning and losing graciously - an important life lesson for every child to learn. Give two three year old children a whole pile of wooden blocks and within half an hour they will probably be engaged in quite friendly competition to see who can build the tallest tower, or the longest wall, or the biggest castle etc. It’s an important aspect of how they develop their fine-motor skills, their design and problem-solving skills.

DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Fri 26 Aug</td>
<td>EduDance</td>
</tr>
<tr>
<td></td>
<td>World of Maths Incursion</td>
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<tr>
<td>Sat 27 Aug</td>
<td>P&amp;F Retro Bingo Night</td>
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<tr>
<td>Wed 31 Aug</td>
<td>8.50am Assembly 1.2</td>
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<tr>
<td></td>
<td>EduDance</td>
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<tr>
<td>Fri 2 Sept</td>
<td>P&amp;F Father’s Day Breakfast</td>
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<td></td>
<td>EduDance</td>
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<td></td>
<td>World of Maths Incursion</td>
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<td></td>
<td>Peer Support</td>
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<tr>
<td>Tues 6 Sep</td>
<td>Interschool Cross Country Carnival</td>
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<td></td>
<td>5.30-7.00pm Open Night</td>
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<tr>
<td>Wed 7 Sept</td>
<td>8.50am Assembly 5.1</td>
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<td></td>
<td>EduDance</td>
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<tr>
<td>Fri 9 Sept</td>
<td>Kids for kids Rice Day</td>
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<td></td>
<td>EduDance</td>
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<td></td>
<td>PP Excursion Kings Park</td>
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<td>Mon 12 Sept</td>
<td>Yr 4 Liturgy</td>
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<td>7.00pm P&amp;F Meeting</td>
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<td>PAF Concert – Perth Concert Hall</td>
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<td>Tues 13 Sept</td>
<td>Yr 3 Excursion Schoenstatt Shrine</td>
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<tr>
<td>Wed 14 Sept</td>
<td>8.50am Assembly Yr 6</td>
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<td></td>
<td>EduDance</td>
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<td></td>
<td>6.00pm Reconciliation Parent Workshop</td>
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<td>Fri 16 Sept</td>
<td>EduDance</td>
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<td></td>
<td>Peer Support</td>
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<td>Tues 20 Sept</td>
<td>Yr 2 Excursion</td>
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<tr>
<td></td>
<td>Yr 4 Excursion Schoenstatt Shrine</td>
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<tr>
<td>Wed 21 Sept</td>
<td>9.00am School Mass</td>
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<td></td>
<td>EduDance</td>
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<tr>
<td></td>
<td>6.00pm Eucharist Parent Workshop</td>
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<td>All Library Books due to Library</td>
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<td>Thurs 22 Sept</td>
<td>Kids for kids Market Stalls</td>
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<td></td>
<td>LAST DAY OF TERM 3</td>
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<tr>
<td>Fri 23 Sept</td>
<td>SCHOOL CLOSED</td>
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</tbody>
</table>

24 August 2016
Back-track half a million years or so and our early ancestors competed every day. The competition was called survival! Fighting off large savage predators, foraging for enough food to eat, hunting other predators that they could kill and eat, defending their cave against predators at night, surviving natural disasters … just staying alive was a very competitive process for our early relatives! Only the strongest, fittest, smartest and most adaptable survived.

Fast-forward back to the present and in many ways our world today is still a very competitive place. Teenagers in high school complete assessments, tests, portfolios and exams competing against each other for places at TAFE or university. After completing their education, graduates enter into an extremely competitive situation - the job market. As adults we all understand that once you’ve found your dream job, the next challenge is to keep it! In many industries and careers, you’re only as good as your last quarter’s results, sales figures or attainment of KPI’s. Even those who are secure in their workplace will also often compete for promotion or other work-related opportunities. Academics compete for grant and research money, politicians compete to be re-elected, athletes compete against their own PBs as well as each other, businesses compete against each other for market share, and dads will often compete against people they don’t even know to see who has the greenest lawn in the street!

So from our perspective at school, competition is a natural part of our children’s world. Children learn a lot about themselves, their capabilities and their limits through healthy competition. Whether they’re competing against another student or themselves, it is through competition that they achieve new heights and successes in their learning. Competition only becomes unhealthy when the focus is only on winning. A “win at all costs” attitude is very unhealthy and counter-productive as it leaves the child no room to manoeuvre - if you haven’t won then you’re a failure! This is wrong - if you compete, you’re already a winner for having tried your best and perhaps improving your performance. We endeavour to teach children how to win and lose graciously, for there is also much to be learned from our striving, not just our winning. It is also in our losing that we can learn from our mistakes and do better next time. If we don’t compete, if we don’t try, if we never make the attempt, then we will never really discover what we are truly capable of.

Congratulations!
Speaking of competing, congratulations are in order for our very own Queenies Senior Choir who have received an “Honourable Mention” Certificate in the Primary Choral Singing section of the Performing Arts Festival last Friday. What a fantastic effort and just reward for all their hard work and effort. Special thanks to Mrs. Margaret De San Miguel, their accompanist, for her limitless patience through all the practice and rehearsals. Congratulations to Mrs. Perry for her energy and enthusiasm which kept them all on track and focussed. Our Senior Choir has once again done us proud!

NAPLAN Results
This afternoon all parents and carers in Years 3 & 5 will be receiving their child’s NAPLAN results, so please check their backpack if they don’t hand them directly to you. I would remind parents to please make sure that you securely store your child’s NAPLAN report, especially for the Year 5 children, as many secondary colleges will ask to see their NAPLAN results as part of their enrolment information. In the coming weeks, as we have more time to fully analyse the data, I will provide further updates of trends and results as regards our schools performance compared to Australian schools’ averages.

Building Update
After a couple of days lost due to wet weather last week, it is great to see a bit more sunshine this week, enabling the builders to make things happen again. Last week the gutters and downpipes were installed and this week has been very exciting as installation of the roof sheeting has commenced, as well as the installation of air-conditioning units in a plant room in the roof cavity. The brick work continues and most importantly, work has commenced on the new verandah, steps, ramp and car park at the front of the school! The verandah and car park work will be a fantastic improvement for all our children and parents, with children being sheltered from the sun and rain, as well as having much safer access to and from their parents’ car at pick-up and drop-off times. The photos below show some of the progress.
Kindy Enrolments For 2017
A reminder to all our parents and carers that we are currently doing interviews for Kindy enrolments for next year. If you have a child at home who was born between 1/7/2012 and 30/6/2013, then you should be enrolling them to start Kindy next year. Enrolment forms are available to be downloaded from the website, or simply see Mrs. Healey in the Office for a form or to schedule an enrolment interview.

Peace and best wishes,

Shaun O’Neill
Principal

Religious Education

Sacrament of Reconciliation
The Parent Input and Information Meeting for the Sacrament of Reconciliation will be held on Wednesday 14th September at 6:00pm for all candidates. All children receiving this Sacrament are expected to attend with one or both of their parents. Please do not bring siblings as it will be difficult for them to participate. On the 13th September, the Year 3 classes will travel to the Schoenstatt Shrine to learn more about this Sacrament and the importance of forgiving others.
The Sacrament of Reconciliation will be held on Tuesday 18th October at 6:30pm.
Sacrament of First Holy Communion

The Sacrament of First Holy Communion Parent Input and Information Meeting will be held on Wednesday 21st September at 6:00pm. All children receiving this Sacrament are expected to attend with one or both of their parents.

The Sacrament of First Holy Communion will be held over two Sundays – 23rd October and 30th October at 10:30am.

The Year Four students will attend their retreat day to learn more about the Sacrament of Holy Communion and develop their understanding of its importance on 20th September.

Year 3.1 Mass

The Year 3 students led us though a lovely Mass today, asking us to think about forgiveness and how we can show this to others. Thank you to Miss Laity, Ms Lesque and the Year 3 students for their dramatized Gospel reading and reflection that reminded us about how we can treat others the way Jesus wants us to and forgive those who make mistakes. Thank you too, to those parents and family members who came and celebrated Mass with us.

Russell Wylie and Julie Galbraith
Assistant Principals

Library News

We are holding a Book Fair in the library in Week 8 to coincide with Open Night. Our school receives a generous commission from the sales made, so we would be grateful if you could support this venture. Details are as follows:

Book Fair in the LIBRARY
Opening Times: Tuesday 6 September 8.15-8.45; 3pm-3.30 and 5.30-7pm (during Open Night)
Wednesday 7 September 8.15-8.45 and 3pm-3.30.

Bookclub
Issue 6 Scholastic Bookclub orders are due in the office no later than Friday 2nd September.

From the Canteen
Thank you to all children who took part in the “Celebrate Canteen Week” Colouring-in Competition. All entries were of a very high standard.

Congratulations to these students who were voted our winners:
PrePrimary Cassandra, Ravnoor and Hanhee
Year 1 Evelyn, Nethuli, Charlotte, Mary, Sofia and Nicholas

Wendy Binks Book Orders
To coincide with our Wendy Binks visit during Book Week, we are offering families the opportunity to purchase some of Wendy’s books, personally signed by the author herself.

Please complete the order form below and return to school with your payment in an envelope no later than Friday 2nd September.

If you wish to give these books as gifts, please tick the “Tick if Gift” column and ensure your mobile number is provided so you can be contacted to collect the books.

Kerry Miller, Library
Wendy Binks Signed Books Order Form

Queen of Apostles School - 22/23 August 2016

Family Name: _______________________________

Eldest Child’s Name & Class: _______________________________

<table>
<thead>
<tr>
<th>Title</th>
<th>Quantity</th>
<th>Price</th>
<th>Total</th>
<th>Dedicated to:</th>
<th>Tick if Gift</th>
</tr>
</thead>
<tbody>
<tr>
<td>Where’s Stripey?</td>
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<td>$16.00</td>
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<tr>
<td>Scrambled Egg</td>
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<td>$16.00</td>
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<td>Invisible Me</td>
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<tr>
<td>Where’s Stripey Activity Book</td>
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<td>10 Clumsy Emus</td>
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<tr>
<td>Plush Stripey Toy</td>
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<td><strong>TOTAL</strong></td>
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Payment Options:  
- **Cash or Cheque only** - payable to: Wendy Binks

Please note: Orders will not be accepted after Friday 2nd September.

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Music News

Performing Arts Festival
We are almost half way through the Performing Arts Festival and once again, the students at Queenies have done us proud!

Primary Instrumental Solo / Duet
Congratulations to Mitra Faroughi for her terrific performance in the Instrumental Section with her violin. She received a Certificate of Merit for her incredible effort.

Queenies Senior Choir
An enormous CONGRATULATIONS goes out to the Queenies Senior Choir who performed in the Primary Choral Section last Friday. The committed choir members performed on our Pupil Free Day and their efforts were rewarded. We received an HONOURABLE MENTION for our performance which is an outstanding effort achieved by all members. We performed two songs, ‘Here Comes the Sun’ and ‘Blue Moon and Do Ya Wanna Dance’.
Performing Arts Timetable

The following students will be performing in the below sections.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Who</th>
<th>Section</th>
<th>Where</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wed 24 Aug</td>
<td>9.15-10.10</td>
<td>Alison Tran</td>
<td>Primary Piano</td>
<td>Zenith Music, Stirling Highway, Claremont</td>
</tr>
<tr>
<td></td>
<td>10.15-11.05</td>
<td>Alexia Pynes, Jake Van Luinen</td>
<td>Performance</td>
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<tr>
<td>Thurs 25 Aug</td>
<td>11.35-12.30</td>
<td>Jayden Fung</td>
<td>Primary Piano</td>
<td>Zenith Music, Stirling Highway, Claremont</td>
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<td></td>
<td>1.10-2.00</td>
<td>Jeremy Koh</td>
<td>Performance</td>
<td></td>
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<tr>
<td></td>
<td>2.05-2.45</td>
<td>Elijah Edmonds, Rithika Fernandes</td>
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<tr>
<td>Fri 26 Aug</td>
<td>9.15-10.05</td>
<td>Jack Lilley</td>
<td>Primary Piano</td>
<td>Zenith Music, Stirling Highway, Claremont</td>
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<td></td>
<td>11.05-11.55</td>
<td>Rheannon Lazar, Kevin Tirta</td>
<td>Performance</td>
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<td></td>
<td>1.30-2.20</td>
<td>Abbey Sullivan</td>
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</tbody>
</table>

Performing Arts Festival Concert

The Performing Arts 2016 Festival Concert will be held on Monday 12th September at the Perth Concert Hall. This will showcase a variety of schools performing their talents in a variety of areas. Tickets can be booked directly through the Perth Concert Hall. Further information can be found on the Catholic Arts website.

WEB SALES:  www.perthconcerthall.com.au
PHONE BOOKINGS:  Call 08 9231 9999 9am-5pm Monday to Friday.
BOX OFFICE:  In person from the Perth Concert Hall box office 9am-5pm Monday to Friday.
Sheryl Perry, Music

Hello from the School Social Worker

Nonverbal communication includes facial expressions, body language, body contact, eye contact, personal space and tone of voice. Giving positive nonverbal messages has the capacity to improve relationships with children. Matching verbal and nonverbal communication can make words more effective, but when the verbal and nonverbal don’t match then children might believe the nonverbal. Children also learn a great deal from watching adults. If we approach and relate to others in a relaxed and friendly manner being mindful of the nonverbal ways of communication we can all actively teach children some important social skills.

Regards, Tracy Small.
Contact Helen Pascoe for further information: 0405177486 or hyp_smp@yahoo.com.au

Queenies
Father’s Day
Breakfast
Friday 2nd September @
7:30am

* Bacon & egg muffin, tea, coffee, juice & fruit
for $6-
* muffin only $3-

Payment due to the front office by Mon 29 August

Family name: ____________________________________

Number of muffin & drink packages @ $6: __________

Number of muffins only @ $3: ___________________

Amount enclosed: __________________________________

Eldest child’s name & class: _________________________

I am able to help, name & number:
_________________________________________________
Entertainment Book
LAST CHANCE! A FEW ENTERTAINMENT BOOKS STILL AVAILABLE.
There are so many savings and discount options you will very easily make your money back on an Entertainment Membership, and in the meantime support your P&F.
These books are filled with vouchers for restaurants, cafes, activities, clothing stores, discounted gift cards, hotels, Bali... There really is something for everyone. Check it out: http://www.entertainmentbook.com.au/about/Tell-me-More/Perth#FLICKBOOK


Contact Deanne Strommen, parents.friends@qoa.wa.edu.au or 0407 986 269 for any queries.
Thank you for supporting our P&F fund raising 😊.

QUEEN OF APOSTLES Parish

QUEEN OF APOSTLES FATHER’S DAY FAMILY MASS PERMISSION SLIP
Please complete the reply slip below giving permission for your son / daughter to read at the 9am Family Mass on Father’s Day, Sunday 4th September.

Kelly Gostt – 0417 910 602
Myra Monteiro – 0422 151 887
Family Mass Co-ordinators

QUEEN OF APOSTLES PARISH REPLY SLIP

I give permission for my child_______________________________of class___________to read at the 9am Mass on Sunday 4th September.

Parent signature ___________________________ Date ________________

-----------------------------------------------------------------------------------------------------------------------------
Queen of Apostles Parish

Family Movie Night

Starting with a

SAUSAGE SIZZLE

6.30pm Friday, 16th September 2016, Parish Hall

Tickets $5
(sausage sizzle, popcorn and icecream)

“HORTON HEARS A WHO!” Rated G

Tickets available before school from 8.20am outside Library every Tuesday, and from Mrs Edmonds at 2.1 classroom before school Thursdays & Fridays, from 23rd August until 12th September 2016

Please note no ticket sales at door

For further information contact Jannet 0438 590 449
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We invite you to join us for a guided tour of the College. Visit our expanding campus and experience all that Trinity has to offer.

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trinity.wa.edu.au

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Bop till you Drop also do disco & karaoke birthday parties packed with loads of singing, dancing and party games!

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- Christenings
- Holy Communions
- Schools
- Pre-Schools
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HITTING THE WINNING RUNS

YOUR FIRST INDOOR WIN

TAKING YOUR FIRST WICKET

ACTIVITY: 2016/17 REGISTRATIONS Now Open   AGE: 7 - 17yrs

CLUB/CENTRE: Riverton Rossmoyne Junior Cricket Club

ADDRESS: Riverton Reserve - off High Road near the Leisureplex Centre

Meet at the Cricket Nets / Shed

DATE: 28 August 2016   TIME: 10:00 - 12:00

CONTACT: E-Mail: rrjcc.registrar@gmail.com
Web: http://rrjcc.wa.cricket.com.au

All Registrations Online via our Website (On-site assistance available)

If you can't make it on the Rego Day contact us via our Web Site